

UNIVERSITYOF RAJASTHAN JAIPUR

SYLLABUS

B.Sc. (HOME SCIENCE)

PART-III

Examination-2020

B.SC HOME SCIENCE – PART III

SCHEME OF EXAMINATION

The number of papers and the maximum marks for each paper together with the marks required for a pass course are shown in the scheme of maximum examination against each subject separately. It will be necessary for a candidate to pass in theory as well as practical part of a subject paper, wherever prescribed, separately. Classification of successful candidates shall be as follows:

First Division 60%

of the aggregate marks prescribed in honors and

subsidiary

subjects of Pt.I, Pt.II and Pt.III

examination taken together.

Second Division 48%

of the aggregate marks prescribed in honors and

subsidiary

subjects of Pt.I, Pt.II and Pt.III

examination taken together.

The theory examination paper will consist of three parts:

- 1. Part I will comprise of 10 very short answer questions of 2 marks each. The answer to each question must be within the limit of 20-40 words.
- 2. Part II will comprise of 5 short answer questions of 4 marks each. The answer to each question must be within the limit of 50-60 words.
- 3. Part III will comprise of 6 long answer questions (essay type) of 20 marks each with internal choice in each question. Candidate will need to attempt only 3 questions.

Dy. Registrar

University of Rajasthan

Scheme for B.Sc. Home Science Part III

Paper	Subjects	Duration of Exam	Max Marks	Min Marks	Hr/wk	No. of Hr/wk
XI	Textile Science	3 hrs	100	36	1 Th 4	Pr
	(Theory)XI				4	
	Textile Science					
T 277	(Practical)XI	3 hrs	50	18		
XII	Programme	3 hrs	100	36	4	2
	Management				4	
	(Theory)XII					
	Programme	3 hrs	50	18		2
	Management					2
XIII	(Practical)XII					
VIII	Marriage Family	3 hrs	100	36	4	
eri Tanan Tanahari	and Human Rights					
	(Theory)XIII					
	Marriage Family	3 hrs	50	18		2
	and Human Rights					2
XIV	(Practical)XIII					
LA V	Family and Community	3 hrs	100	36	4	
	Nutrition					
	(Theory)XIV					
	Family and	0.1			 	
	Community	3 hrs	50	18		2
	Nutrition					
	(Practical)XIV					
CV	Family Resource	3 hrs	100			
	Management	2 111.2	100	36	4	
	(Theory)XV					
	Family Resource					
	Management	3 hrs	50	10		
	(Practical)XV		30	18		2
		Total	750	216		
				210	20+	10=30

	TEXTILE SCIENCE (THEORY XI)	
Max Ma	rks: - 100 marks	
Teachin	g workload:4 hours/week	
	aching workload:96 hours/year	
Objectiv		
1. 7	o teach the students about different fibres, their manufacturing and properties	
2. 1	o acquaint them to different construction processes to make fabrics	
3. T	o teach different finishes and application of colour and design in textiles.	
UNIT-I		Hours
1.	Textiles fibres and their properties	
. •	Classification of fibres	5
	 Primary and secondary properties of textiles fibres 	-
2 .	Manufacturing process, properties and use of following fibres – Cotton, Jute	
2	Silk, Wool, Rayon, Polyester, Polyamide.	15
3.	Yarn construction	
	Basic principles of yarn making – Mechanical spinning (cotton)	10
	spinning), Chemical spinning – Wet, Dry, and Melt	10
	 Types of yarns – Simple, Novelty and Textured yarns. 	
	Yarn Twist and Yarn Numbering system	
UNIT-II		
4.	Fabric Construction Methods	15
	 Weaving, Knitting, Braiding, Lacing and Netting 	
	 Weaving – Types of hand looms, parts of a loom, stages in weaving, 	
	process	·
	 Classification and construction of basic weaves: plain, twill & satin 	
	Fabrics made from fibres – Felting and Bonding	
5.	Finishing	15
	 Definition and importance of finishing 	
	 Classification of finishes 	
	 Preparatory Process – Resizing, Scouring and Bleaching 	
	 Mechanical finishes – Sizing, Singeing, Mercerization, Napping 	
	Embossing and Calendaring.	
	• Functional finishes – Wrinkle resistant, Water- resistant and repellent,	
	Flame Retardant, Soil Repellent, Mothproof and Anti static.	8
6.	Technical Textiles	
	• Non Woven's	
	• Meditech	
	• Agrotech	
	• Geotech	
1		

6.	Dyeing	10
	 Classification and properties of dyes: Natural and Synthetic dyes Stages of dyeing – fibber dyeing, yarn dyeing, fabric dyeing and garment dyeing 	
7.	Printing • Methods of Printing – Block, Screen, Stencil, Roller and Rotary	10
8.	Styles of Printing – Direct, Discharge and Resist Standards- Textile performance legislation act	8
	 Bureau of Indian Standards Care labelling Act Eco- labelling Fibre symbols: cotton, wool, silk and handloom 	

- 1. Hollan, Norma & Saddler (1998) Textiles, 16th Edittion, Macmillan publishing co, New-York.
- 2. Potter & Corbman: (1983) Textile Fibre to fabric, 6th edition, McGraw hill Book Co., New-York.
- 3. Joseph M. (1976)- Essentials of textiles Holt, Rinehart & Winston, New York,.
- 4. Jospeh M. (1993) Introductory Textile Science 6thedition, Fort Worth Harcourt Brace Jovanovich College Publishers.

TEXTILE SCIENCE (PRACTICAL- XI)

Max Marks: - 50 marks

Teaching workload: one practical/week (2 hours/practical)

Total teaching workload: 24 practicals/batch

Objectives:

- 1. To coach the students to learn different physical properties of fibre, yarn and fabric.
- 2. To instruct different techniques of dyeing and printing
- 3. To familiarize them with different fabrics available in the market.

Content:		Practical
1.	Fibre Study and identification - Visual, Microscopic, Burning, Chemical solubility	4
2.	Yarn Count	
	Yarn Count	
	Yarn Twist	2
3.	Fabric	
	Thread Count and Balance	8
	Crease Recovery	
	Dimensional stability	
	Colour fastness	
4.	Identification of basic weaves and their design interpretation on graph	
5.	Dyeing	2
	Tie & dye with different techniques	2
6.	Printing	

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		Block Printing – Border , Corner and all over	3
		• Screen printing	
7.		Preparation of scrap book showing	4
		• Fibers	
		• Yarns	
		Fabric construction methods	1
		Technical textiles	
Evo	mino	Dyed & printed textiles ation scheme	
		- 20 Marks	
		oblem – 20 Marks (Testing)	
IVIIII	or Pr	oblem - 10 Marks (Identification based on preparation of scrap book, Dyeing&	Printing)
N.F		PROGRAMME MANAGEMENT (PAPER XII)	
		rks: - 100 marks	
		g workload: 4 hours/week	
		ching workload: 96 hours/year	
•	ectiv		
. 1	. T	o develop skills in community organization.	
2	2. T	o appreciate collective action of weaker sections of people for their own develop	oment.
3	5. To	o understand the community dynamics and its influence on different se	ctions of th
	CC	ommunity.	
4	I. To	o study the ideology of organizing people in development.	
5	. To	o understand the pattern of leadership in the community-traditional and emergin	ng.
6). To	o understand the process of organizing people for their own development	
	'. To	o understand and design programmes scientifically, at village level/urban slum	
8	. To	impart skills to implement, monitor and evaluate programmes.	
T TA TY	T Y		
UNI'			
1	C	ommunity concept and characteristics of a community, structure and	d 10
	or	ganization of different types of communities, Tribal, rural and urban slums.	
2	C	ommunity organization: concept, meaning and scope, principles, identifying the	e 10
	ro	le of individuals in the community.	
3	C	ommunity organiser: role and qualities of a community organiser.	4
1	Pl	anned social change-nature, concept.	3
INIT	r_11		Market and the property of the second se
UNIT		oun dynamics, concept and in the second seco	
U NI T		roup dynamics: concept, meaning, characteristics, types and functions of group	, 10
	Gı		, 10
5	G1 sta	ages and process of group formation, group norms and structure.	
	G1 sta	ages and process of group formation, group norms and structure. omponents of group dynamics: cooperation, competitions, communication.	, 10 13
5	Gr sta Co gr	omponents of group dynamics: cooperation, competitions, communication, oup pressure, group cohesiveness, managing group team building.	13
5	Gr Sta Co gr Le	ages and process of group formation, group norms and structure. Imponents of group dynamics: cooperation, competitions, communication, oup pressure, group cohesiveness, managing group team building. Indicated the particular of	
5	Sta Co gro Le tra	omponents of group dynamics: cooperation, competitions, communication, oup pressure, group cohesiveness, managing group team building. adership- meaning, leadership patterns, functions their identification and ining.	13 8
5	Sta Co gro Le tra	ages and process of group formation, group norms and structure. Imponents of group dynamics: cooperation, competitions, communication, oup pressure, group cohesiveness, managing group team building. Indicated the particular of	13

UNIT -III	
Programme planning – objectives, principles and scope; the process of	
planning.	programme 10
Designing a village level extenstion programme.	
Developing programme indicators	3
Parogramme implementation.	3
Appraisal, monitoring and evaluation.	5
4 Report writing.	3
	4
References:	
 Dahama O.P. (1988): Education and Communication for Development Publishing Co. Pvt. Ltd. New –Delhi 	
Publishing Co. Pvt. Ltd. New – Delhi	ent,, Oxford and Il
2. Ghosh Bhola Nath (1996) - Rural Leadership and Development Malice	
2. Ghosh Bhola Nath (1996) – Rural Leadership and Development Mohit 110002	publications New De
3. Kurukshetra, Director, Publication Division, Ministry of I&B, Government, New Delhi 110001.	
House, New Delhi 110001.	nment of India, Patis
4. G.P pilania (1991) Landarchia DDGA D 111.	
J. Milling Dana and John Thomas Di	
5. Mithin, Diana and John Thompson Education (1994) RRA Not participatory Tools and Methods and Methods in Urban Areas, Into	es:- special issue
Environmental and Development	ernational Institute f
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publications. New Delhi.	t programmes, Mitt
 Mohsionnadeem, (1985), Rural Development through Government publications. New Delhi. Oakely, Peter and David Marsden (1984). Approaches to participation. 	t programmes, Mitt
Geneva, ILO Oakely, Peter and David Marsden (1984). Approaches to participation	in Rural Developmen
Geneva, ILO 8. Social Welfare, Central social Welfare Parallel 1984.	in Rural Developmen
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 Oakely, Peter and David Marsden (1984). Approaches to participation Geneva, ILO Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 	in Rural Developmer B-12 Tana Crescen
 Oakely, Peter and David Marsden (1984). Approaches to participation Geneva, ILO Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 	in Rural Developmer B-12 Tana Crescen
 Oakely, Peter and David Marsden (1984). Approaches to participation in Geneva, ILO Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL-XII) 	in Rural Developmer B-12 Tana Crescen
7. Oakely, Peter and David Marsden (1984). Approaches to participation in Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL-XII) aching workload; one practical/week/2 beauty.	in Rural Developmer B-12 Tana Crescen
7. Oakely, Peter and David Marsden (1984). Approaches to participation in Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL-XII) 12. Marks: - 50 marks 13. Social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 14. PROGRAMME MANAGEMENT (PRACTICAL-XII) 15. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 16. PROGRAMME MANAGEMENT (PRACTICAL-XII) 17. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016. 18. Social Welfare, Central social Welfare Board, samajkalyan Bhawan, intuitional Area, South of IIT, New – Delhi, 110016.	in Rural Developmer B-12 Tana Crescen
7. Oakely, Peter and David Marsden (1984). Approaches to participation in Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL-XII) at Marks: -50 marks inching workload: one practical/week(2 hours/practical) al teaching workload: 24 practicals/batch jectives:	in Rural Developmer B-12 Tana Crescen
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Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL-XII) Ax Marks: - 50 marks The help the students to gain work experience at community level community. To help the students to gain work experience at community level community. To develop acquaintance with the social-cultural patterns of the community. Select a community for implementing the extension programme. Establishing rapport I. General David Marsden (1984). Approaches to participatory mathed. Select a community for implementing the extension programme. I. General David Marsden (1984). Approaches to participatory mathed. I. General David Marsden (1984). Approaches to participatory mathed. I. General David Marsden (1984). Approaches to participatory mathed.	in Rural Development B-12 Tana Crescent ity Practical 1 4 2
Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL- XII) Rack Marks: - 50 marks The ching workload: one practical/week(2 hours/practical) al teaching workload: 24 practicals/batch jectives: 1. To help the students to gain work experience at community level 2. To develop acquaintance with the social- cultural patterns of the community level 3. Select a community for implementing the extension programme 2. Establishing rapport 3. Identification of the back ground information of the community level lentification of community needs using participatory methods- a) Social mapping	ity Practical 1 4
Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL- XII) ax Marks: - 50 marks aching workload: one practical/week(2 hours/practical) al teaching workload: 24 practicals/batch jectives: 1. To help the students to gain work experience at community level 2. To develop acquaintance with the social- cultural patterns of the communitients 1. Select a community for implementing the extension programme 2. Establishing rapport 3. Identification of the back ground information of the community 4. Identification of community needs using participatory methods- a) Social mapping b) Transect walk	in Rural Development B-12 Tana Crescent ity Practical 1 4 2
Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL-XII) Raching workload: one practical/week(2 hours/practical) al teaching workload: 24 practicals/batch Jectives: 1. To help the students to gain work experience at community level 2. To develop acquaintance with the social- cultural patterns of the communitients 1. Select a community for implementing the extension programme 2. Establishing rapport 3. Identification of the back ground information of the community 4. Identification of community needs using participatory methods- a) Social mapping b) Transect walk c) Focus groun discussion	in Rural Development B-12 Tana Crescent Practical 1 4 2 3
Geneva, ILO 8. Social Welfare, Central social Welfare Board, samajkalyan intuitional Area, South of IIT, New – Delhi, 110016. PROGRAMME MANAGEMENT (PRACTICAL- XII) ax Marks: - 50 marks aching workload: one practical/week(2 hours/practical) al teaching workload: 24 practicals/batch jectives: 1. To help the students to gain work experience at community level 2. To develop acquaintance with the social- cultural patterns of the communitents 1. Select a community for implementing the extension programme 2. Establishing rapport 3. Identification of the back ground information of the community 4. Identification of community needs using participatory methods- a) Social mapping b) Transect walk	in Rural Development B-12 Tana Crescent ity Practical 1 4 2

6. Preparation and procurements of teaching aids	4
7. Implementation	•
8. Identification changed indicators to assess the impact	1
9. Self evaluation	$\frac{1}{2}$
	2
Examination scheme	
nternal assessment 20 marks	
Major(planning one of the programmes) 15 marks	
Minor (Preparation of teaching aid) 10 marks	
Viva 5 marks	
MARRIAGE, FAMILY AND HUMAN RIGHTS (THEORY X Max Marks: - 100 marks	III)
Feaching workload:4 hours/week	
Total teaching workload:96 hours/year	
Objectives:	
1. To acquaint the students to develop an understanding of marriage and society.	l its significance in
The same to remain to said the	changes in family.
3. To inglifight the role of good parenting in the child's life	
The state of the s	
5. To develop sound perspective on the study of individuals with special needs.	
UNIT I	
Mamiana M. : D. C. I.	Hours
	ge. 10
Importance and Functions of Marriage. Alternatives of marriage	ze:
Singlehood, Co-living and Homosexuality.	
Problems and Adjustments in Marriage: Divorce, Widowhood, and Remarria	ge. 12
Adoption - advantages and challenges.	ge. 12
Family: Meaning Definitions and Types of Family ar	nd
Changing roles of family members. Responsible Parenthoo	nd
Parenting Styles and its Character Responsible Parenthoo	od, 10
Parenting Styles and its Changing trends.	
- vinition invaling and classification of confiden with coordinated	12
Sensory deficit and physical disabilities: definitions, identification, classification	on,
causes of Auditory, Visual, Communication and Orthopaedic deficits(brie	ef
outline).	
National policies for these children (PWDs)	4
NIT III	
Introduction to Human rights focusing child rights: laws an	1 12
nolicies related to child and its locusing child rights: laws an	nd 10
policies related to child survival. Welfare programs for children	1.
Exploitation of children: trafficking, dysfunctional families, children in conflict	
with law, juvenile justice Act.	10

9. Laws and policies related to women and adults.		12
Hindu Marriage Act		1
Dowry Prohibition Act		
PCPNDT Act		
 Welfare programmes working for children, women and 	adulta (only	
outline)	addits.(Offry	
References:		
1. Bajpai, A. (2006). Child Rights in India: Law, Policy Press, New Delhi.		
2. Barnes, C., Mercer, G., Shakespeare, T (2005). Expl	oring disability	
introduction, Folity Fless Campridge 11k		
3. Bhargava V. (2005). Adoption in India: Policies and experien	ices Sage Publication	n New Dall:
Handi D.I. & Raufffall 1.M. (1991), introduction to Exce	ptional Children (5 th	I Ed) Boston
Anyne bacon,		
 Hawkes G.R. and Pease D. (1962) Behaviour and D International 		
6. Janardan Prasad Rani Prakashan, Educational of Handi	canned Children	Duobloss - 1
solutions, Ramksha Fublishers, Distributors, New Delhi		rioblems and
7. P. Rathnaswamy, Marraige, Divorce and Morality, Deep and	Deen	
Publication, New Delhi.	· -	
8. Parakesh B.S. (1985), Population Education – Inception to 1	nstitutionalization	NCEDT Nov.
— V		NCERI, New
9. Reddy VNK. Marriages in India. The Academic Press 1978,	เบาตลดก	1
10. Surabili Fulbilit and Sharada Nayak-Enhancing personal effectiveness	Training instruments f	or students teach
and Parents-published by Tata Mcgraw Hill-2003		or students, teach
MARRIAGE, FAMILY AND HUMAN RIGHTS(PR	ACTICAL VIII	
Max Marks: - 50 marks	ACTICAL - XIII)	
Teaching workload: one practical/week (2 hours/practical)		
1 otal teaching workload: 24 practical/batch		. /
Objectives:		
1. To develop understanding on issues related to marriage and fa	milv.	
2. Olderstanding the working of welfare agencies		We can be a second
3. Awareness regarding legal issues for women and children		
Contents:		
1 mining and implementation of intervention programmes f	or children in	3
impoverished situations.	1	
case profile of one family on parent-child relationship with	special focus on	4
rathernood. Frepare a report.		
Comparative analysis of child rearing practices in different	communities and	3
socio-economic groups.		
Developing few case profiles of working women, with focu	s on roles.	4
responsibilities, job stress and leisure time activities	·	
. Working with adolescents on critical issues related to their	levelopments.	,
haising community awareness through enlisting rights and 1	aws related to	3 4
children and women.		4
Visit to selected 3-4 welfare agencies.		3
		_

Examination Scheme -		
Major Problem - Scoring, analysis and interpretation of a selected tool. Minor Problem -	20 marks	
a. Preparation of observational/checklist.		
b. Preparation of questionnaire/interview schedule	7 marks	
viva 5 marks	8 marks	
Internal 100 marks		
100 marks		
FAMILY AND COMMUNITY NUTRITION Max Marks: - 100 marks	(THEORY XIV)	
Teaching workload: 4 hours/week		
Total teaching workland och		
Total teaching workload: 96 hours/year		
Objectives:		
This course will enable the students to		
1. Understand the concept of an adequate diet and the import	ance of meal planning	10
and the late of an entire of the late of t	vole and the RDA fo	r vorious occ
3. Be familiar with the common nutritional problems of the c	Ommunity their ac-	909
-7		
4. To understand the importance of early and exclusive broom	t faciling unto	
	den 5 m aut 1'	iths and timel
5. Cam kilowicuge about diefary management of diagonal		
6. Study the schemes, national and international programmes problems of the community	1 1	
problems of the community.	and policies to com	oat nutritional
UNIT-I		
Normal Nutrition		
1. Relationship between food, nutrition, health and diseases		Hours
2. Energy metabolism Units hand diseases		1
Energy metabolism – Units, bomb calorimeter, Fuel physiological fuel value of foods direct to the control of th	value of food,	6
P-7 31010 Block rather Value Of 100018 (i) rect and indirect as	Albaniana di Ciri	
miceular cherry recilirement muceular activity		
calorigenic effect of food, maintenance of body temperature	and answell) D	
reactions affecting Basal Metabolic Rate Reco	nmended Dietary	
1 2 2110 Wallocs for all age ground		
Meal Planning – Importance and goals of meal planning, fac	tors affecting meal	_
b	· · · · · · · · · · · · · · · · · · ·	3
the state of the s	al1	
" I actors militaring 100d intake: Physiologic factors	Llyman	•
nedome factors, environmental and behavioural factors of	ulture economic	3
social, lengious, age and sex, emotional factors	die, comonne,	
Nutrition through life evolu		
Infants-growth and development, nutritional requirem infant feeding processors and investigations.	_	
infant feeding practices: early initiation	ents, Appropriate	4
infant feeding practices: early initiation, colostrum to	eeding, exclusive	4
breast feeding, techniques, comparison of human	and cow's milk,	
complementary reeding commercial and home prepare	ed complementary	
100ds, establishment of good feeding habits		
Preschool Children – growth and development, nutrition promoting good food believe.	nal requirements	
promoting good food habits.	1,	3

School Children —Growth and development, nutritional requirements, promoting good food habits, Mid day meal. Adolescents- growth and development, nutritional requirements, eating disorders-anorexia nervosa, bulimia, skipping meals and snacking. Adults –nutritional requirements. Pregnancy —Physiologic and biochemical changes, pre-maternal nutrition, prenatal nutrition and its impact on the growth and development of the fetus, nutritional requirements, complications of pregnancy. Lactation — Physiologic effects, socio — economic effects, psychological aspects, nutritional requirements. Old Age — Physiologic and biochemical changes, nutritional requirements, factors influencing food habits nutrition related health problems-osteoporosis, other health problems-constipation, anemia and hypertension. UNIT-II Therapeutic Nutrition Midification of Normal Diet: Soft, full fluid and clear fluid diets; team approach to nutritional care. Etiology, clinical factors, basic diagnosis and nutritional management, the role of national and international programmes /agencies in the prevention of diseases (Wherever applicable): Girt —dysepsia, gastritis, diarrhea, constipation, peptic ulcer. Liver—Infective hepatitis Infections and fevers-acute —Typhoid Chronic- tuberculosis. Overweight obesity and underweight. NIDDM Hyper lipidemia, atherosclerosis, hypertension UNIT-III Community Nutrition Concept and scope of community Health and Nutrition Direct methods: Diet surveys Assessment of Nutritional Status, methods and their interpretation Direct methods: Diet surveys Objectives principles and scope of Nutrition and Health Education Nutritional Problems of the community —prevalence etiology, symptoms, prevention, dietary management, and National program for prevention PEM—ICDS and Mid Day Meal Vitamin A Deficiency – Vitamin A Prophylaxis program Pilorosis Nutritional anemia control programme Nutritional anemia control programme Nutritional anemia control programme Nutritional anemia control programme			
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Traditional anoma control programme		Nutritional anemia control programme	

	Iodine Deficiency Disorders programme		T
11.	 Mid Day Meal Programme Integrated Child development Services 		
11.	National Health policy and National Nutrition Policy		3

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FAMILY AND COMMUNITY NUTRITION(PRACTICAL- XIV)

Max Marks: - 50 marks

Teaching workload: one practical/week (2 hours/practical)

Total teaching workload: 24 practicals/batch

Objectives:

This course will enable the students to

- 1. Plan and prepare nutritionally adequate diets in relation to age, activity levels and physiological state.
- 2. Make the therapeutic modifications of normal diet for common diseases conditions.

3. Assess the nutritional status of individuals using dietary survey and Anthropometry.

Contents:	
1. Exchange lists and use of Exchange Lists	Practical
Standardization of recipes for use in meal planning	2
Flanning of diet through the life and	
School Child (Packed lunch)	1
Adolescent girl/boy	8
Adult man/woman	
Pregnant Woman	
Lactating Woman	
• Elderly	
Development of complementary foods for infants (6 months to 1 year) Planning diets for the following diseases:	1
Diarrhea	8
• constipation	
• Peptic Ulcer	
• Infective hepatitis	
• Typhoid fever	
ObesityNIDDM	
• Hypertension	
Planning and preparing low cost nutritient rich dishes, one serving provided the days' requirement of a sebal shill for	lino
adja requirement of a school child for	1
• Energy	
• Protein	
• vitamin A	
• Iron	
Planning and preparing low cost nutritient rich dishes, one serving provid	ina
1/4 th to 1/3 rd days' requirement for each of the following nutrients:	ing 1
• Protein	
• vitamin A	
beta carotene	

	• iron	
	• calcium	
	Thiamine	
	• Riboflavin	
	Niacin	
_	Vitamin C	
8	Conduct a dietary survey using 24hr dietary recall methods for an individual of any ag	2
	group.	ge
	nination Scheme	
	Marks: 50	
One o	question on normal and therapeutic nutrition problems:	
	Planning 15 marks	
	Dishes (2) 10 marks	
	Viva 05 marks	
Interr	nal 20 marks	
	FAMILY RESOURCE MANAGEMENT (THEORY XV)	
Max	Marks: - 100 marks	
Teac	hing workload:4 hours/week	
Total	teaching workload:96 hours/year	
Obje	ctives:	
i.	To develop managerial skills among students for family resources.	
2.	To understand the meaning of resource management, concepts related to management,	
3.	To apply managerial process to management of time, energy and money.	ement.
4.	To understand saving, investment and credit pattern of family.	
5.	To acquire awareness shout consumer 11	
٠.	To acquire awareness about consumer problems, rights, responsibilities, protectilaw pertaining to consumer protection.	ve services and
6.	and perturning to consumer projection	
U.	To impart knowledge to students about household equipments	
JNIT-	Ţ	
		Hours
1111	ODUCTION TO FAMILY RESOURCES MANAGEMENT	
	Meaning, definition & importance of family resource management	2
.	Wallagement process in family system:	
	(a) Meaning and definition	1
	(b) Decision making	2
	 Meaning, definition & its importance 	
	 Classification of decision making 	
	 Steps of decision making 	
	(c) Steps of management process	
	Planning	4

(d) System approach to management & family as a system & its 3

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(Academic)
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JAIPUR

Planning Organization Implementation Controlling Evaluation

(e) Family life cycle

models

•	Meaning & definition	
3.	Stages	4.
Motivation in hor	me management	5
(a) Value	: meaning, definition, and classification	3
(b) Goal:	meaning, definition and classification	
(c) Standa	ard: mooning definition and classification	
Resources	ard: meaning, definition and classification	
4. Resources	그는 전 경기를 되었다면 함께 모양하다면 없었다. 그는	4
•	Meaning, definition, importance & characteristics	
•	Classification of resources	
•	Principles for use of resources	
Energy manageme	ent	6
(a) Meanir	ng & definition	
(b) Process	s of energy management	
(c) Fatigue	s of energy management	
	Meaning & definition	
	Types of fatigue	
•	Reduction in fatigue	
Work simplification	on and Body mechanics	6
•	Principles of body mechanics	
	Mundal's Classes C. 1	
	Mundel's Classes of changes	
Ergonomics	Techniques of time and motion studies	
•	Ergonomics in home – an introduction	5
•	Meaning and definition	
<u> </u>	Relation between work, worker and work place	
TIME AND MONEY MA	NAGEMENT	
Time management		
(a) Meaning	, definition & importance	5
(b) Tools in	time management	
• 7	Time cost	
	Cime norms	
• P	Peek loads	
	Vork curve and rest periods	
(c)Process of managir	ng time	4
Family income		
(a) Meaning	and definition	
(b) Types and	d sources	
Budget		
(a) Engel's la	w.	2
(b) Meaning	definition and importance	
(c) Process of	f making budget	
(d) Account I	Keening Suugei	
(=) - secondit I	t	
Saving and Investment	definition & immed	
Saving and Investment (a) Meaning		3
(a) Meaning,	factors	3
(a) Meaning, (b) Selection	factors	3
(a) Meaning,	factors	3

	Bank & Post office: types of account & their mode of operation Insurance: LIC health:	7
	insurance. Lie, nearth insurance, vehicle insurance, goods in	
- 1	10 Visione fund and mutual fund	
6.	• Shares, debentures & others	
0.	Taxation	
1.	(a) Meaning, definition and type	4
	(b) Role of taxes in Indian economy	4
7.	(c) Basic calculation of income tax	
	Filling of income tax returns.	2
8.	Problems of Indian consumer	
1.	(a) Common model	4
	(a) Common problems	
1 .	Weights and measure	
	Food adulteration	
	Fake products	
	• Misleading advertisements, etc.	
9.	Consumer education: introduction Definition 1	·
10.		2
11.	Consumer Legal issues, laws and legislation	1
	(a) Consumer protection Act 1986	4
	(b) Drugs and magic remedies Act	
	(c) Environment protection Act	
	(d) Right to information Act	
	(e) Bureau of Indian standards Act	
	(f) MRTP Act	
	(g) AgMark Act	
	(h) Prevention of food Adulteration Act	
	(i) Standards of weights and measure Act	
12.	Consumer Redressal System:	
	(a) Redressal procedure	2
	(b) How to complain	-
	(c) Consumer court	
	(d) Case studies	
10	Household equipments	
13.		
	Basic materials	6
	Properties, Suitability and maintenance	
	Metals used for cooking utensils serving & dime	
	Selection factors billying household	
	1 Illolowave, water nitritions and the same	
4.	Marketing	
	(A) Standardization/ certification marks	
	(B) Branding	2
	• Definition	3
	• Types	3
	• Advantages	
	16	

	(C) Labelling		1 2
	 Meaning & definition 		2
	• Types		
	Advantages		
	(D) Promotion mix		
	 Advertising 	•	3
	Sales promotion		
	Personal selling		
	• Packaging		
	NOTE: Seminar presentations on selected topics from unit	TTT	
1.5	FAMILY RESOURCE MANACEMENTODA	TICAL VV	
Ma	x Marks: - 50 marks	IICAL-AV)	
Tot	aching workload: one practical/week (2 hours/practical)		
100	al teaching workload: 24 practicals/batch		
1.		One class/Pr	actical
2.	Market survey on household equipments Care of household equipments		
3.	How to open vorious assuments		
4.	How to open various accounts in the bank		
5.	Filling up of slips/ forms of bank & post office Filling up the slip for Bank draft		
6	Filling up of Cheques & withdrawal slips		
7.	Methods of account keeping		
8.	Income tax form- calculations		
9.	Filling the income tax form		
10.	Filling a consumer complaint		
11.	Analysis of advertisement: informati		
12.	Analysis of advertisement: information and product detail		
13.	Analysis of labels: content, MRP, , use and care, instructions an Analysis of standardization, marks	d symbols	
14.	Making time schedule for a day for house wife & working worn		
15.	Identification of values of different age groups	en	
16.	Identification of goals of different age groups		
17.	Budget Making for LIG & MIG		
18.	Budget Making for HIG		
19.	Budget Making for a party in a house		
20.	Time pathway charts		
21.	Motion pathway charts		
22.	Party planning		
23.	Theme party planning		
24.	Making time schedule for a day of party		
Refer			
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2.	Donnelly, J. H. Gibson, J.L and Ivancevich, J.M. (1995) Chicago.	era i ublishing. Fundamental - C. M	
	Chicago.	undamental of M	anagement,
3.			
4.	Fisher, C.D. (1997), Human resource management Chennai distributors.	· All Indian	liaha
	distributors.	. An mulan pub	iisners and
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Examination schemes

Major – Income tax calculation Minor 1 - Party planning/budget making/pathway chart etc Minor 2 – Filling of forms of banks/consumer complaint/label analysis Internal –	20 marks 10 marks 10 marks
Internal – 10 marks	